



### Stay Home if Unwell

#### Introduction

Repton family of schools are committed in providing the highest level of healthcare within all of their schools. In order to reduce the spread of infection amongst their students, colleagues and close family members, Standard Infection Control precautions must be adhered to prevent the spread of infections by ensuring:

- High standards of personal hygiene and practice, particularly handwashing
- Maintaining a clean environment
- Staying home if unwell

#### Student Sickness

In order to reduce the spread of infection within school and to close family members, please monitor your child for any symptoms of illness and follow the Infection Control Policy stated below. Please do not send your child to school if she/he has any of the following symptoms:

- Fever (37.5 C and above) Please ensure your child is fever free **without medication** for 24 hours prior to returning to school.
- Diarrhoea – 24 hours after last episode
- Vomiting – 24 hours after last episode
- Nausea
- Persistent cough or dry cough
- Heavy nasal discharge
- Sore throat
- Red, watery eyes
- Rash
- Shortness of breath
- Body aches and fatigue

Consider keeping your child at home if she/he is particularly tired.

Please cover all open wounds or sores that have any discharge with a clean dressing, and seek medical attention if wounds become infected.

If the student develops any of the above symptoms, they will be referred to the medical team for further screening following DHA standards and guidelines. You will be contacted to collect your child if she/he has any of the above symptoms or if the medical team feels that your child is unwell.

REPTON AL BARSHA



### **Issuing of School Work**

If a child is absent from school as a result of illness, the school will not send homework, reading books or other materials to complete at home. This is to allow the child recovery time and to avoid undue exertion. Upon returning to school, the teachers will ensure that key learning is covered in order for the child to catch up. Teachers may, at their discretion, send some extra work over a weekend to cover loss of learning.

### **Staff Sickness**

If a member of the teaching or support staff becomes unwell at home. They are advised not to report on duty and stay at home. Should inform the line manager in case of absence.

If a member of the teaching or support staff becomes unwell during the school day, the following procedure should be followed.

The member of staff should, in the first instance, advise the head of their section that they have become unwell.

Staff, if necessary, should then attend the Medical Centre where they will be assessed.

Following assessment staff will be advised, regarding their condition and any recommended intervention.

The outcome of the assessment will be documented and a letter provided for the member of staff.

In the event that a staff member is advised to go home due to illness, the medical centre will make contact with the Senior team and inform them accordingly.

The Medical Centre is not in a position to offer medical investigations, ongoing clinical monitoring and is not licensed to offer prescription medication.

For more information, see Reference below:

<https://www.cdc.gov/flu/business/stay-home-when-sick.htm>

REPTON AL BARSHA



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### **REVIEW**

This policy will be reviewed annually by the following:

School Nurse : Janice Hurlin

School Doctor: Dr Musabbir Moon.

School Principal: Mrs Chandini Misra

Last amended: September 2023

Date of next review: September 2024



JAH-20/09/2021.

REPTON AL BARSHA



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